

NEW PROGRAMS FOR CHILDREN WITH DISABILITIES

Fun on Friday!

Oct. 19, Nov. 16, Dec. 14

Ryan Park, 30359 Hawthorne Blvd, RPV

5pm - 9pm

The program will be for children with disabilities and their siblings. It will be a fun evening including games, movie time, and dinner! Pizza and popcorn are included with your registration. Movie to be determined the week of the activity! \$20 per child (resident) \$30 per child (non-resident).



Fun on Friday is for children with disabilities ages 5-12 years old. All participants must be able to eat and toilet independently, and have no aggressive or violent behaviors toward themselves or others.

An assessment must be completed prior to registration into the program. Assessments can be scheduled with Helen Barnfather, [helenb@rpcva.gov](mailto:helenb@rpcva.gov), 424.703.9655.

Register online at: <https://apm.activecommunities.com/rpv>

REACH For Adults with Disabilities

Monday, Wednesdays & Saturdays Ages 18+

Come and join the REACH program! REACH participants enjoy community and social activities at the parks! Activities include: bowling, dinner out, social activities at the park, and day adventures in the community.

To sign-up or to get more information please contact Helen Barnfather at [helenb@rpvca.gov](mailto:helenb@rpvca.gov).



City of RPV Park & Preserve Information:

- Abalone Cove Shoreline Park, 5970 PV Drive South, RPV.....310.544.5366 (Open Daily 9am - dusk)
- Eastview Park, 1700 Westmont Drive, RPV.....NEW #.....310.544.5269 (Open 1 hour before sunrise to 1 hour after sunset)
- Fred Hesse Jr. Community Park, 29301 Hawthorne Blvd, RPV.....310.544.5350 (Open M-F 9am - dusk & Sat./Sun. 10am-dusk)
- Ladera Linda Community Park, 32201 Forrestal Drive, RPV.....310.544.5370 (Open M-F Noon-5pm & Sat./Sun. 10am-5pm)
- Point Vicente Interpretive Center, 31501 PV Drive West, RPV.....310.544.5375 (Museum Open Daily 10am-5pm)
- Robert E. Ryan Community Park, 30359 Hawthorne Blvd., RPV....310.544.5362 (Open Daily 9am-dusk)



City of Rancho Palos Verdes  
Recreation and Parks Department

Fall 2018  
Activity Guide

Nature Walks! Free Storytime Fun!  
Special Events!  
Volunteer Opportunities!  
Recreation Classes and more!

Register Online:  
[apm.activecommunities.com/rpv](https://apm.activecommunities.com/rpv)  
Visit the Recreation and Parks  
Department Webpage at:  
[www.rpvca.gov](http://www.rpvca.gov) or contact us at  
310.544.5260 for more info!



Parks  
Make  
Life  
Better!

Karen  
Ostlund 8/31/2018



# SPECIAL EVENTS

## Night at the Museum Sleepover

Friday-Saturday, October 12th-13th

6:30 PM - 9 AM

Point Vicente Interpretive Center

31501 PV Drive West

Join the staff and volunteers of PVIC for a night of fun and fantasy. Bring your sleeping bag, pillow, and P.J.'s. We'll enjoy snacks and a movie along with a night walk along the trail, crafts, and more! Snacks and breakfast provided. **Ages 7-12 Fee: \$49 per child.** Register online today at [apm.activecommunities.com/rpv](https://apm.activecommunities.com/rpv)



## Healthy Halloween Bash! New!

Saturday, October 20th

11 AM - 2 PM

RPV City Hall

30940 Hawthorne Blvd

Two events in one! Two times the FUN! This year the Recreation and Parks Department will be combining the Trunk or Treat Music Fest and Healthy People, Healthy Pets into one, "spooktacular" event called Healthy Halloween! People and their pets are invited to join us for a day of Trick or Treating at decorated car trunks along with high voltage fitness, a puppet show, music, healthy people and pet products, demonstrations and food truck fun for adults, kids and their pets! This event is Free!



## TRICKS FOR TREATS! New!

Saturday, October 27th

3:30 PM - 6 PM

Eastview Park Dog Park

1700 Westmont Drive

COME. SIT. STAY. PLAY

Come on over and join us for a spooky evening of tricks and treats for the entire family and your four-legged friend(s). Costumes are encouraged (For both pets and their humans!) There will be a fun costume parade and different stations for your pet to perform tricks and earn treats! *Don't forget to bring unopened pet food to donate to a local dog shelter. This event is free!*



## LOCAL AUTHOR BOOK SIGNING EVENT

Saturday, November 3rd

11 AM - 1 PM

Point Vicente Interpretive Center

31501 PV Drive West

This event will feature an array of books focused on the Palos Verdes Peninsula, wildlife, and children's education. Come meet the authors! Have your book signed, or get a jump start on your holiday shopping with a special gift! **Free!** Call 310.544.5375 for more information or visit [www.rpvca.gov](http://www.rpvca.gov). **Featured books will be 10% off the day of the event!**



# RECREATION CLASSES

## CLASSES FOR KIDS

**EARLY CHILDHOOD MUSIC CLASSES** (BIRTH-K), **MOMMY & ME** (BIRTH-3 YRS) **HESSE PARK & RYAN PARK** **KIDS MUSIC N MOTION / ANNETTE GUNDERSON: 310.373.0280**

**PIANO LESSONS -PLAYING-BASED MUSIC LEARNING** (4 YRS—12YRS) **HESSE PARK**

**SIMPLY MUSIC PIANO / KATE OGDEN: 310.487.4728**

**SUPER SOCCER STARS** (2 YRS - 5 YRS) **RYAN PARK**

**SUPER SOCCER STARS/ BOB GIBSON : 310.998.0010**

## FITNESS CLASSES FOR ADULTS

**BONES FOR LIFE - EXERCISES TO PREVENT OSTEOPOROSIS**  
**MOVE TO HEALTH / SACHIYE NAKANO: 310.326.6831 HESSE PARK**

**TAI CHI CHUAN - YANG STYLE / LONG FORM**  
**STAN CORZINE: stancorzine@verizon.net HESSE PARK**

**YOGA, TAI CHI GONG, ZEN BALANCE CLASSES**  
**MARIA ARABE: 310.938.7548 LADERA LINDA PARK**

**HATHA YOGA**  
**MARIA ARABE: 310.938.7548 HESSE PARK**

## CLASSES FOR TEENS & ADULTS

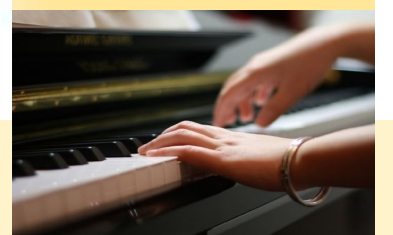
**DRAWING AND PAINTING CLASS- BASICS OF FINE ARTS** (16 YEARS - ADULT) **HESSE PARK**



**PIANO LESSONS**  
**PLAYING-BASED MUSIC LEARNING HESSE PARK**

**SIMPLY MUSIC PIANO**

**KATE OGDEN: 310-487-4728**



**HAM RADIO CLASSES**  
**FCC TECHNICIAN'S LICENSE - (16 YEARS - ADULT) HESSE PARK**

**WALT ORDWAY: 310.541.4007**



## GINGERBREAD WORKSHOP

Sunday, December 16th

Pick your time!

**11:00 AM -12:30 PM or**  
**12:30 PM-2:00 PM**

**COST: \$45/per gingerbread house**

**LOCATION: Hesse Park**

Start a family tradition as you make and take your very own gingerbread house. Your gingerbread house will come alive with colorful candies, gum drops, peppermints, sprinkles, cookies and more! Workshop includes a fresh gingerbread house from Mayer's Bakery, decorating materials, light snacks and a delicious holiday beverage! This event is designed for parents and children to attend together! **Space is limited so register EARLY at:** <https://apm.activecommunities.com/rpv>





## Upcoming Docent-led hikes & Beach Cleanup with the Los Serenos de Point Vicente Docents

**Saturday, September 15, 2018 (9 am - Noon)** ~ Abalone Cove Shoreline Park (Coastal Clean Up Day) ~ Bring the family to help clean the beach. Gloves and trash bags will be provided. Refreshments served. Wear sturdy shoes. Parking Fee is waived for the event.

**Saturday, October 20th, 2018 (10:00 am)** - **Ocean Trails Reserve** - Walk the switchback trail to the beach and learn about our local geology and fall blooming habitat. (Park in the public lot at the end of Trump National Drive located to the left of the club house).

**Saturday, November 24th, 2018 (2:30pm)** - **Abalone Cove Shoreline Park**. Come and tour the tide pools teeming with fascinating marine life. This is a moderate to strenuous hike and you should wear sturdy shoes as part of the hike will be on cobble stones. (Parking fee is waived up to 45 minutes prior to (and 30 minutes after) the event.)

**Saturday, December 8, 2018 (2:30 PM)** ~ **Abalone Cove Shoreline Park**. Bring your family and friends to see and tour the tide pools. Learn about the marine life that reside in this special and unique environment. This is a moderate to strenuous hike and you should wear sturdy shoes as part of the hike will be on cobble stones. (Parking fee is waived up to 45 minutes prior to (and 30 minutes after) the event.)



*Note\* Rain Cancels a hike! Following a rain, check [trailalerts.rpvca.gov](http://trailalerts.rpvca.gov) for closures.*

FREE! For more information, visit [losserenos.org](http://losserenos.org)

## Upcoming Guided Nature Walks and Special Events with the Palos Verdes Peninsula Land Conservancy!

### Nature Walks

*Led by naturalists, historians and geologists, all walks are free and family-oriented. Walk-Only groups are now available for those who wish to walk without interpretive stops. Participants are urged to wear comfortable shoes with good traction and sun protection. In case of rain, walks are cancelled. For more information and to RSVP, please visit: <https://pvplc.org/events/NatureWalkRSVP.asp>*

### October 13, 9 am Alta Vicente Reserve

Explore 22-acre restoration site with cactus wren and gnatcatcher habitat and beautiful views of Catalina Island. Moderate to strenuous. Meet plein air artists who will be painting along the trail. Moderate to strenuous. RPV

### November 10, 9 am Lower Portuguese Bend Reserve

Follow Sandbox Trail ascending through grasses and low shrubs for nice views of the Pacific Ocean. Easy. RPV

### Special Events

#### Oct 14, Palos Verdes Pastoral, 5 pm

A garden-to-table dining event featuring the best of California's handcrafted local foods and wines. Terranea Resort. Tickets \$250 each and sponsorships at: <https://pvplc.org/events/PVPastoral.asp>

### Children's Activities

#### Nature & Me Storytime, October 26, 9:30 am

PVLD Librarian Marisa Perley shares books, songs and activities that open children's eyes to the natural world all around them. Free. Ages 2 – 5 years. For more info: [mperley@pvld.org](mailto:mperley@pvld.org)



CITY OF RANCHO PALOS VERDES PRESENTS:

## Brunch with Santa

**Saturday, December 8th**

**Choose 1:**

**8:30 am - 10:30 am or**

**11:30 am - 1:30pm**

**Hesse Park (29301 Hawthorne Blvd.)**

Join us for a hot meal, music, performances, caroling and SANTA! This is a fundraiser to benefit the City's REACH program for adults with developmental disabilities. Cost is \$20 per person (children ages two and younger are free). This event sells out fast and seating is limited! Registration begins October 16th at: [apm.activecommunities.com/rpv](http://apm.activecommunities.com/rpv)



## FREE STORYTIME FUN!

Activities include music, stories, and a craft. Program geared to children ages 2-5 years, but children of all ages are welcome.

Designed for children and parents to attend together. **Free!**



### Little Fish Tales by the Sea

3rd Thursdays, 10:30 AM - 11:30 AM

Sept. 20, Oct. 18, Nov 15, Dec 20

Point Vicente Interpretive Center  
31501 PV Drive West

### Little Critter Afternoon Tales

2nd Wednesdays, 1:30 PM - 2:30 PM

Sept. 12, Oct. 10, Nov. 14, Dec. 12

Hesse Park  
29301 Hawthorne Blvd.

### Flutterby Storytime

4th Tuesdays (except holidays), 11 AM - Noon

Sept. 25, Oct. 23, Nov. 20, Dec. 18

Ladera Linda Park  
32201 Forrestral Drive





# VOLUNTEER EVENTS

## BUTTERFLY GARDEN NEWS



Enjoy the outdoors, learn about our Preserve while getting a great workout, and earn volunteer hours!

### Nature Preserve & Beach Volunteer Days!

**Saturdays! Oct 27, Nov 10th, & Dec 15th**  
**9am-12pm**  
**Location and Projects Coming Soon!**

We will either have a Beach Cleanup or a Maintenance Project in the Preserve.

We provide gloves, tools, snacks and water. Please wear comfortable shoes and clothing; the outdoors await!

Limited spots! Email [volunteer@rpvca.gov](mailto:volunteer@rpvca.gov) to sign up!

POINT VICENTE  
 INTERPRETIVE CENTER  
 31501 PV DRIVE WEST

Help us make a difference!

### NATIVE PLANT GARDEN VOLUNTEER DAY

**SUNDAYS**  
**SEPT. 16, OCT. 14, NOV 18, DEC. 16**  
**10AM-12PM**

to signup email:  
[meganescnps.org](mailto:meganescnps.org)

Help keep the native plant garden at Point Vicente Interpretive Center beautiful. Experience hands-on learning!



Trail Maintenance



Beach Cleanups



Native Plant Garden Maintenance in the Preserves and/or Parks!

### Visit the Butterfly Garden

The butterfly garden at Ladera Linda Park has had 52 healthy monarch butterflies hatch out, so far this year. It was a very productive first generation. Unfortunately, the second generation hasn't been as successful, due to the increasing presence of the dreaded Tachinid Fly. It's a nasty critter that lays its eggs on the unsuspecting caterpillar. As the offspring begin to grow, they eventually kill the caterpillar from the inside.

We do what we can to protect our little cats, but Mother Nature has her own plan. Wish us luck for the next two generations this year. We hope to continue to add more beauty to our community and planet.

If you would like to visit the butterfly garden, please come to the office anytime between 12-5 weekdays and 10-5 weekends. Staff will open it up for you. Thank you for your support.

Ladera Linda Community Park, 32201 Forrester Drive, RPV.....310.544.5370

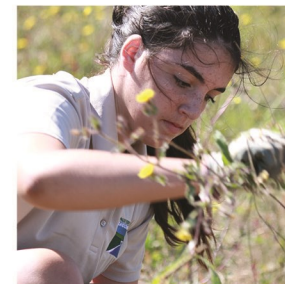


## City & PVPLC Volunteer Events.....

**City Special Events that need Volunteers! Email [volunteer@rpvca.gov](mailto:volunteer@rpvca.gov) to sign up!**

- **Healthy Halloween Bash!** 10/20 City Hall 9am-3pm Event time: 11am-2pm
- **Tricks for Treats** 10/27 Eastview Park 2pm-7pm Event time: 3:30pm-6pm
- **Brunch with Santa Pre-Setup** 12/7 Hesse Park 4pm-9pm
- **Brunch with Santa (Morning Shift)** 12/8 Hesse Park 8am-11am Event time: 9am-10:30am
- **Brunch with Santa (Afternoon Shift)** 12/8 Hesse Park 10am-1pm Event time: 11am-12:30pm

Volunteers will assist with decorating, setting up canopies, tables and chairs, staffing booths, helping with arts and crafts, games and break-down of event at the end.



## Palos Verdes Peninsula Land Conservancy volunteer activities

### alta vicente reserve

Help restore this unique habitat home to many threatened wildlife species. Saturdays, 9 am - 12 pm

september 1, 15, 29  
 october 13  
 november 3  
 december 1, 8

### native plant nursery

monday-friday  
 9 am start time  
 defense fuel support point, san pedro

Help transplant seedlings & prepare plants for habitat restoration sites.

### rapid response team

Saturday and Sunday  
 9 am to 12 noon  
 various locations

Help maintain trails, close unauthorized spur trail entrances and much more!

### adopt-a-plot

various locations  
 Contribute to restoring native landscapes on your own schedule. We need help to combat invasive plants and care for young native plants.



Sign up for a volunteer day or training  
[PVPLC.VOLUNTEERHUB.COM](http://PVPLC.VOLUNTEERHUB.COM)

For questions, please contact Brittany Goldsmith at (310) 541-7613 or email: [bgoldsmith@pvplc.org](mailto:bgoldsmith@pvplc.org)

### Team Leader Training

**Saturday, September 8th, 9 am - 12 noon**  
 Team Leaders provide support and oversight at 4 or more Outdoor Volunteer Events a year! Prior to the workshop, applicants should attend at least 2 Saturday volunteer events.

### Wildlife Tracking Training Workshop

**Saturdays October 6, 13, 20, 27**  
**8:30am - 11:30am**  
 Volunteers are needed to monitor our wildlife populations in the Palos Verdes Nature Preserve. 16 and older required.

### Third Grade Naturalist Docent Training

**Saturday, October 6, 9 am - 12 noon**  
 Share your love of nature as a docent, reaching out to youth in the classroom and guiding field trips to preserved lands. Volunteers are provided with comprehensive training and ready to use lesson plans full of wonderful hands-on materials and artifacts that students enjoy.